

BALMAIN LITTLE ATHLETICS CENTRE

Welcome back to the Little Athletics Season. It was good to see so many athletes braving the heat on Saturday and getting back into the swing of weekly competition.

The next few weeks will see the start of the inter-Club competition, commencing with the Zone Carnival at Blacktown on the long weekend. Sunday training for Zone continues to prove popular, and my thanks go to David Murphy and his coaching team for providing this opportunity for extra training to our many Zone participants.

At this point in the year, I like to remind athletes and parents about the Australian Sports Commission Codes of Behaviour that are fully endorsed by Little Athletics NSW and by BLAC. The Codes of Behaviour reminds us that *'Sport has a very special place in Australian society. Winning, of course, is a vital part of that tradition - but not as important as the spirit of Australian sport. And that spirit stems from our commitment to fair play.'* I encourage all families to read the Codes of Behaviour (available by clicking on 'Code of Conduct' under Centre Info on the BLAC website) and to carry with them the basic tenets into the remainder of the season:
PARENTS: A child's basic training in good sportsmanship comes from home.
ATHLETES: It isn't whether you win or lose, but how you play the game.

To those in the Zone team, I say good luck, have fun, enjoy competing on a bigger stage, and don't miss the opportunity to make friends with athletes from other clubs.

To your parents, check out the Zone Hints & Tips on page 2 and Parent Duty Roster on page 3. And thanks in advance for your assistance on the Long Jump – Zone couldn't run without you.

Meagan

Dates for your diary

Zone Team Training 8.30-10.00 on Sunday 20th January. Email David Murphy to register including the events you would like to train in.
david@alliedhealth.net.au

Saturday 26 & Sunday 27 Jan 2013
 NO CLUB COMP - Zone Championships – Blacktown.

Friday 15 Feb 6pm BLAC Twilight Competition – King George Oval
 (Modified programme; No points)

Saturday 16 & Sunday 17 Feb 2013
 NO CLUB COMP - Region Championships – Sylvania Waters Athletics Track.

Friday 22 - Sunday 24 March 2013
 NO CLUB COMP (23rd) – State Championships – SOPAC.

ZONE TEAM PLEASE NOTE...

In the event that you are unable to compete at the Carnival FOR ANY REASON please call **Tim Batho on 0438595134** to let him know – even on the day of the carnival. We were oversubscribed for most events and if you are not able to compete, we are able to field a substitute. This is obviously much better for the kids than a vacant space in a race that someone could have filled. It also helps to maximise our points score for the overall inter-Club competition. To stand a chance of being Champion Club we need to field 4 athletes in as many events as possible. Thanks.

++ Relay Teams Selected – See pg. 5&6 ++

ZONE HINTS & TIPS

Your first Zone Carnival can be a bit daunting. Check out our top tips for making the experience run as smoothly as possible.

1. Remember Club Team Managers are there to help but you need to be responsible for your child.

The Club will have 1-2 team managers at each day of the Zone Carnival. They will have many duties and will not be able to wrangle individual athletes. Please make sure you **check the final programme for event schedules** & arrive at the stadium in plenty of time. Look for the BLAC banners to find the team in the stadium.

2. Listen out for marshalling calls & make sure you know where your event is being marshalled.

Each event will be called twice. When an event is called, participants should go to the marshalling area for that event. Track and field events normally (but not always) have separate marshalling areas so **check when you arrive where your marshalling area is**. The first field events of the day sometimes go direct to the competition area, so listen carefully to the announcer. If you miss the marshalling call, you will miss your event! The only clear guidance we can give with regard to event start times is:

- 1st events 8:45am with first calls at 8:30am.
- Javelin will not start before 1pm; 3km will not start before 4pm.

3. Pack supplies of food & drink, including lots of water.

Canteen facilities are varied, so pack some food/snacks – and **plenty of water**. Athletes can take water bottles with them to field events, but not normally to track events. If it's very hot, pack some frozen wash-cloths and/or a water spray bottle to help kids stay cool between events.

4. If you have a clash of events, talk to the officials.

Track takes precedence over field, so tell your field officials about the clash and they will work to ensure you get to both events. At Zone if you have a clash it's likely someone else in your event will too, so the officials are used to sorting this out.

5. Take something to do in the inevitable downtime.

Like all carnivals, Zone can be a long day, and events don't always run to time. Supporting their team mates, and playing with friends will keep the kids amused while they wait for their events, but it's worth packing a book or a game for the (dare I say it) dull bits ☺. For parents, too!

6. Make sure your uniform fully conforms to regulations.

At Club competition we don't strictly apply the Little Athletics uniform code, but at inter-club carnivals this is strongly policed. **Marshalls can, and do, remove athletes from an event if they are not wearing correct uniform**. In the past kids have been pulled out of events at marshalling or even on the start-line for as little as their IGA patch being on the wrong side of their singlet. This is obviously distressing for the athletes and their parents. To avoid issues, before you leave for Blacktown, check your uniform fully conforms. See over for a summary of correct Club uniform. **Parent helpers need to wear closed in shoes for your rostered duty....and take a hat**. Even if there is shade in the stands, there is rarely any on the track.

UNIFORM GUIDE

Don't forget to pick up your Zone team t-shirt at the Carnival

The Centre uniform consists of a black and gold singlet with black shorts and/or body suit. The uniform is worn at all levels of competition and must have the appropriate cloth registration numbers sewn or pinned on (see placement below). Shoes are compulsory. Spike shoes **MUST NOT** be worn in any **U7 - U8** event. Competitors in **U9 - U12** age groups may wear spike shoes in events run entirely in lanes, plus Long Jump, Triple jump High Jump and U12 Javelin. Competitors in the **U13 - U17** age groups may wear spike shoes in track events run entirely in lanes, Javelin, Long Jump, Triple Jump and High Jump and also track events not run entirely in lanes with the exception of walks.

On the front sew or pin– McDonalds logo athlete registration number with red border visible; IGA patch on TOP RIGHT hand side and AGE patch on LEFT. These will all fit on a standard singlet. For crop tops, the rego number and IGA patch will fit on the top but the age patch should be placed on the LEFT leg of the shorts. (See pics below).



For more information check out **LANSW General Rules of Competition, October 2012**

<https://assets.imgstg.com/assets/console/document/documents/RoC%20-%20Section%20A%20-%202012.pdf>

On the back sew or pin BLAC Centre number (17) with red border showing. Again this will fit on a standard singlet. For crop tops, sew/pin it on the back of the SHORTS.



Centre numbers will be available at Saturday competition Jan 19, Zone training Jan 20 or at the Zone Carnival. If you wait until the Zone to get your number, please bring your own pins.

Shorts must be either BLAC club shorts or PLAIN black – with no visible logos, no coloured piping etc. If you have anything not black on the shorts, cover it with black tape or black it out with permanent marker. Girls may wear running shorts, bike shorts or athletics pants (all plain black). Boys **MUST** wear running shorts, i.e. boys **CANNOT** wear bike pants or skins alone. Boys and girls may wear compression pants under their black shorts as long as they remain above the knee. The regulations about coloured logos, piping/seams on skins remains ambiguous, and at State Relay we did experience athletes being rejected from events for logos & piping on skins. Our best advice to athletes is that if there is an issue at marshalling, either turn them inside out or take them off (assuming blacking out with tape or pen is not possible).

2013 ZONE PARENT ROSTER

Event	Day	Parents Rostered
38 U8B Long Jump	Saturday	Wilkie, King, Cleary, Brewster, Chen, Mahe, Merewether
31 U8G Long Jump	Saturday	Callanan, Azzi, Prentice, Basile, McManus-Barrett, Mason, Madgwick
12 U10B Long Jump	Saturday	Bezzina, Watson, Comer, Judge, Westbury, Holland, Roy
32 U10G Long Jump	Saturday	Azzi, Karabesinis, Mardini, Lenthall, Gobran, Milakovic
22 U12B Long Jump	Saturday	Karabesinis, O'Shea, Moffitt, Madgwick, Feneley, Edwards, Williams
21 U12G Long Jump	Saturday	Dougan, McCutcheon, Melville, Hasselberg, Lombardi, Landels, Swan
3 U13G Long Jump	Saturday	Campbell, Batho, Grubisa, Bridle, Cook, Sutherland
39 U14G Long Jump	Saturday	Potter, Lenehan, Anderson, Clarkson, Tyler, Mckenna
4 U15B Long Jump	Saturday	Abbott, Doric, Beer, Mitchell-Lane, Mirabito, Hasselberg
13 U17B Long Jump	Saturday	Owens, Chapman, Damouras, Willis, Tanner, Schmidt
88 U7B Long Jump	Sunday	Caldwell, Gobran, Beer, Sarah, Williams, Tran-Huynh
87 U7G Long Jump	Sunday	Omage, Murphy, Brewster, Macarthur, Kerr, Clarkson
52 U9B Long Jump	Sunday	Newman, O'Shea, Chen, Kleppich, Willis, Bosnich
61 U9G Long Jump	Sunday	Lenthall, Belunek, Walne, Woodgate, Kalinauskas, Brown
70 U11B Long Jump	Sunday	Mirabito, Hogan, Douglas, Paul, Guthrie, Batho
80 U11G Long Jump	Sunday	Potter, Owens, Hall, Tyler, Danson
81 U13B Long Jump	Sunday	Nivison-Smith, Woolbank, Basile, McGettigan, Cooksey
71 U14B Long Jump	Sunday	Hannaford, Hill, Woodgate, Egan, Marshall
62 U15G Long Jump	Sunday	Parmigiani, Bridle, Cannane, Brouw, Harman, Robertsen
53 U17G Long Jump	Sunday	Rand, Ciallella, Cermak, Swann, Murphy

Note: Event #'s are provisional. Check final event # for your event in final programme.

Parent helpers should listen out for event calls and **go to the long jump area when the relevant event is called**. The long jump events will take place in 2 pit locations. Allocations of events to pits will be made on the day. Check in the team area on the day for details.

Parent helpers need to wear **closed in shoes for your rostered duty**....and take a hat & some water. Even if there is shade in the stands, there is rarely any on the track .

2013 ZONE TEAM BOYS

Age	Name	Events
U7	Christian Caldwell	70m, 100m, 500mPS, LJ
U7	Joshua Chen	50m, 70m, 100m, 200m
U7	Angus Gobran	70m, 100m, 500mPS, LJ
U7	Siaosi Mahe	50m, 70m, 100m, SP
U7	Killian Douglas	200m, D
U7	Arlo Merewether	50m, 500mPS, D, SP
U7	Callum Beer	200m, LJ, D, SP
U7	Zachary Schmidt	50m, 200m, 500mPS, D
U7	Charlie Sarah	LJ
U8	Luke Wilkie	400m, 60mH, LJ
U8	James Egan	200m, 400m, 700mPS, D
U8	Charlie King	70m, 100m, LJ, D
U8	Thomas Comer	70m, 100m
U8	Caiden Cleary	200m, 400m, 700mPS, LJ
U8	Matt Brewster	400m, 60mH, LJ, D
U8	Finn Williams	700mPS, 60mH, D, SP
U9	Finn Dolan	D
U9	Owen Douglas	100m, 700mW
U9	Zac McCutcheon	60mH
U9	Benjamin Cook	SP
U9	Daniel Bosnich	800m
U9	Antton Pagliasso	D, SP
U9	Joshua Hill	200m
U9	Abraham Omage	70m, HJ
U9	Lucas Newman	70m, 100m, LJ, HJ
U9	Zac Burkitt	SP
U9	William Manny	SP
U9	Joshua Edwards	60mH, D
U9	Noah Mirabito	60mH, 700mW, HJ
U9	Nick O'Shea	200m, 400m, 800m, LJ
U9	Jackson Mitchell-Lane	70m, 100m, 400m, 60mH
U9	Sam Chen	70m, 100m, 200m, LJ
U9	Oliver Kleppich	LJ, D
U9	Toby Robertsen	200m, 400m, 800m, 700mW
U9	Daniel Feneley	400m, 800m, 700mW, HJ
U10	Bruno Williams	400m, 800m, 1500m, D
U10	Sebastian Bezzina	100m, 200m, LJ, HJ
U10	Will Creighton	800m
U10	Will Guthrie	400m, HJ, D, SP
U10	Joshua Watson	100m, 60mH, LJ
U10	Domenic Marshall	800m, HJ
U10	Lauchlan Prentice	D, SP
U10	Benjamin Comer	70m, 100m, LJ
U10	Marcello Paul	100m, 200m, 400m, 800m
U10	Sam Murphy	70m, 200m, 60mH, 1100mW
U10	Hunter Hannaford	400m, 60mH, D
U10	Taine Hasselberg	1500m, 1100mW
U10	Sebastian Judge	200m, 60mH, LJ, HJ

Age	Name	Events
U11	Ross Batho	400m, 60mH, LJ, D
U11	Angus Beer	400m, 800m, 1500m, TJ
U11	Ethan Brouw	200m, 400m, HJ
U11	Benjamin Mcgettigan	200m, HJ, SP, D
U11	Kai Mirabito	60mH, LJ, TJ
U11	Liam Roy	100m, 200m, 800m, 1500m
U11	Matthew Madgwick	400m, 800m, 1500m, HJ
U11	Jacob Hogan	100m, 200m, 60mH, LJ
U11	Thomas Holland	100m, 800m, 1500m, 60mH
U12	Oliver O'Shea	100m, 200m, LJ, HJ
U12	Jamie Karabesinis	100m, 200m, 60mH, LJ
U12	James Westbury	200m, 400m, 800m, HJ
U12	Riley Tran-Huynh	100m, 60mH, TJ, Jav
U12	Nicholas Woodgate	400m, 60mH, 1500mW, TJ
U12	Zachary Marshall	800m
U12	Henry Moffitt	LJ, HJ, D
U12	Nicky Kohlrusch	LJ, HJ, D, Jav
U12	Jude Abbott	200m, 400m, 1500m, TJ
U12	Darcy Abbott	400m, 800m, 1500m, 1500mW
U12	John Danson	100m, 1500m, Jav
U13	Louis Tanner	100m, 400m, 200mH
U13	Solomon Nivinson-Smith	3000m, LJ, HJ, TJ
U13	Sam Woolbank	400m, LJ, HJ
U13	Matthew Basile	100m, LJ, TJ, D, SP, Jav
U13	Jason Doric	400m, 800m, 1500m, 200mH, HJ, Jav
U13	Jordan Willis	200m, TJ, SP
U13	Jackson McKenna	100m, HJ
U13	Kieran Brown	400m, 800m, 3000m, 80mH
U13	Lauchlan Cooksie	100m, 200m, 800m, 1500mW, D
U14	Monty Hannaford	100m, 200m, 400m, LJ, HJ, TJ
U14	James Hill	100m, 200m, 90mH, 200mH, LJ, TJ
U17	Jake Owens	100m, 200m, LJ, TJ, D, Jav
U17	Bryn Chapman	100m, 200m, LJ, HJ, D, SP
U17	Andreas Damouras	110mH, LJ, HJ, TJ, D, Jav
U17	Ethan Willis	400m, 800m, 1500m, LJ, HJ, TJ

ZONE RELAY TEAMS NOW SELECTED...

Junior Relay: S.Chen (U9), S.Bezzina (U10), R.Batho (U11), O.O'Shea (U12). Reserves: N.O'Shea (U9), J. Scott (U10), A.Beer (U11), J.Karabesinis (U12)

Senior Relay: S. Nivinson-Smith (U13), M.Hannaford (U14), J.Hill (U14), B.Chapman(U17). Reserves: M.Basile (U13), J.McKenna (U13), S.Woolbank (U13) J.Owens(U17)

2013 ZONE TEAM GIRLS

AGE	NAME	EVENTS	AGE	NAME	EVENTS
U7	Billie Palmer	SP, D, 70m, 200m	U11	Stephanie Potter	100m, 200m, LJ, TJ
U7	Annabel Dougan	70m, 50m, 100m, SP	U11	Lucy Owens	D, LJ, 60mH
U7	Helena Macarthur	LJ, SP, 70m, 100m	U11	Lilie Tyler	TJ, D, LJ
U7	Emily Brewster	SP, LJ, D, 500m	U11	Eliza Swann	100m, 200m
U7	Abigail Omage	50m, 70m, 100m, LJ	U11	Matilda Swann	100m, 200m
U7	Ellen Murphy	500m, LJ, 100m, 200m	U11	Laura Sutherland	800m, 1500m
U8	Samantha Callanan	D, SP, LJ, 100m	U11	Bianca Basile	60mH, 100m, HJ, TJ
U8	Mia Azzi	LJ, 60mH, 70m, 400m	U11	Laura Grubisa	HJ, SP, 200m, 800m
U8	Bronte Prentice	D, SP, LJ	U11	Celia Bridle	60mH, 400m, HJ
U8	Lily Mahe	60mH, SP, 100m, 70m	U11	Lauren Hall	TJ, LJ
U8	Ada Rand	400m, 700m, 200m	U11	Holly Roberts	1100mW, 800, 1500m
U8	Chloe Ciallella	700m, 70m, 200m	U11	Olivia Cermak	1100mW, SP
U8	Sabrina Tuteri	60mH, 100m, 400m	U11	Caitlin McManus-Barrett	1100mW, D, SP, 400m
U8	Mackenzie Hasselberg	SP, D, 60mH, LJ	U11	Sophie Gobran	1100mW, HJ, 400m, 800m
U8	Katie Bayliss	D	U12	Holly Anderson	D, SP, Jav
U8	Maisie Burns	400m	U12	Lara Bosnich	100m, 200m, 400m, 800m
U8	Sophie Nicholas	70m, 100m, 700m	U12	Nina Cannane	100m, D, HJ
U9	Isabella Mardini	400m, 800m	U12	Aislinn Lenehan	Jav, 60mH, HJ, SP
U9	Tamara Lenthall	400m, 800m, HJ, LJ	U12	Sara Dougan	LJ, 100m, SP, 200m
U9	Lara Madgwick	800m, 400m, 200m, HJ	U12	Elysia Cook	1500mW, 400m, Jav, 1500m
U9	Mischa Belunek	70m, LJ, 100m, 60mH	U12	Thomeissa Mason	400m, 800m, D
U9	Grace Dougan	SP, 70m, 200m	U12	Ella McCutcheon	100m, 60mH, LJ, Jav
U9	Nona Walne	60mH, 70m, 100m, LJ	U12	Lucy Melville	LJ, HJ, TJ, 200m
U9	Beth Crawford	800m, 400m, 60mH, 200m	U12	Isabella Hasselberg	HJ, 60mH, LJ, TJ
U9	Ruby Woodgate	100m, 70m, LJ, 200m	U12	Ava Kalinauskas	1500mW, TJ
U9	Chloe Lombardi	D, SP	U12	Daisy Hannaford	200m
U9	Olivia Farish	D, SP, 60mH, 100m	U13	Billie Milakovic	100m, 200m, 80mH, 400m
U10	Zara-Claire Azzi	70m, 60mH, LJ, HJ	U13	Alexis Campbell	800m, 1500m, LJ
U10	Jasmine Cook	200m, 400m, 70m, 1100mW	U13	Carys Batho	1500mW, 200m, LJ, D
U10	Kiera Lane	60mH, 100m, 200m, 70m	U14	Marnie Clarkson	HJ, D, Jav, 100m, 200m, SP
U10	Lucy Crawford	400m, 200m, SP, HJ	U14	Clementine Landels	200mH, 100m
U10	Jessie Karabesinis	D, SP, LJ, 70m	U14	Alex Kerr	400m, 1500m, 200m, 800m, HJ
U10	Claudia Lenehan	HJ, SP, 60mH, 1100mW	U14	Tiarna Mason	800m, 400m, 1500m, HJ
U10	Robyn Burns	1500m	U14	Scarlett Lenehan	Jav
U10	Chloe Harman	60mH, 200m, D, 1100mW	U14	Maddy Kohlrusch	TJ, Jav, 200mH, 80mH, 100m
			U15	Mia Bridle	1500m, HJ, LJ, 800m, 200mH
			U15	Emily Danson	100m, 200m, TJ
			U15	Annabelle Parmigiani	LJ, HJ, TJ
			U17	Eleanor Clarkson	SP, 800m, D, 3000m
			U17	Frances Potter	1500mW, Jav, 1500m, 3000m
			U17	Paige Campbell	200m, 400m, 800m, LJ
			U17	Holly Campbell	400m, 800m, 1500m

ZONE RELAY TEAMS NOW SELECTED...

Junior Relay: N.Walne (U9), Z.Azzi (U10), M.Swann (U11), L.Bosnich (U12). Reserves: T.Lenthall (U9), K.Lane (U10), E.Swann (U11), S.Dougan (U12)

Senior Relay: C.Batho (U13), M.Clarkson (U14), E.Danson (U15), P.Campbell (U17). Reserves: B.Milakovic (U13), C.Landels (U14), A.Parmigiani (U15), E.Clarkson (U17)

BEYOND BALMAIN

Balmain's Trans-Tasman Two

Congratulations to U11 boys Ross Batho & Angus Beer who competed as part of the NSW Team at the Trans-Tasman Challenge in Campbelltown last weekend. After a 7am photo call and team march-past, the boys enjoyed a day of fun and friendly competition against the assembled NSW and Auckland U11 & U12 all-star athletes. Angus won gold in the 800m and 4 x 400m relay, and bronze in the 1500m. Ross achieved top 8 finishes in all his individual events - long jump (5th), discus (6th), 400m (8th) and shot put (8th), and backed up with a bronze in the field relay. Both boys thoroughly enjoyed their first taste of international competition, especially the independence of sitting with the team (away from parents) for the day and taking responsibility for their own eating, drinking, warming up etc. They plan to try out again in November for next January's TT Challenge, which will be held in NZ; and encourage any other athletes who will be U11 or U12 next season to try out too.



Balmain Seniors Success

They may be small in number but the Balmain Athletics Club is punching (or should that be running jumping and throwing) well above its weight. At the conclusion of the NSW Club Premiership the Club finished 18th out of 44 Clubs – a fantastic result for a new club. In the Masters (over 35) the club did even better,

achieving an exceptional 3rd place overall.

Our athletes will be competing in the Allcomers Series over the next two months to help prepare for the Youth, Open and Masters State Championships scheduled for March. Hopefully others can then join Andrew Watson as a State Champion as he recently won the State Masters Pentathlon gold medal.

So a big congratulations to the Senior Club – especially those who as parents of our Little Athletes are showing the kids how it's done!

Athletics Idol

Alex Kerr (U14s) came face to face with her idol, Cathy Freeman, recently. We asked her how it happened, and how it felt...

"Cathy Freeman has always been my inspiration. I've read all her books and the 400m is one of my favourite races. I was very excited to meet her at my dad's work. Every year they hold a big charity event and invite celebrities. You can't tell from this picture but there are about 100 people on the other side of the camera all waiting to see her and I think she was starting to feel a bit overwhelmed by all the attention, so I only got to say a couple of things. I wish I could have sat with her all afternoon and asked her lots of questions, but just meeting her was fantastic."



A message from our wonderful Platinum Sponsor, Cindy Kennedy



McGrath

Do you know what your home is worth?

In a constantly changing market, whether you are considering selling or not, it's important to know what your property is worth.

The market value of your home can influence a long list of financial decisions. If you are considering selling, refinancing your mortgage, borrowing against your equity, estimating the expected return on renovations, purchasing insurance or estate planning, it's a good idea to obtain a professional valuation from an expert.

Currently ranked the number one McGrath agent in the area for 2012*, and a proud local resident, Cindy Kennedy has exceptional market knowledge and is able to accurately price your property. Bank valuers regularly call her to discuss local property prices.

Right now, Cindy is offering you an obligation-free valuation, complete with a written report.

Call her on **0404 000 570** or **9556 9932** or email cindykennedy@mcgrath.com.au to book an appointment and find out what your home is worth.

* Source: MARS – McGrath's CRM System, as at 26/08/12



Nick's tips

Hear from Nick Nicolaou, Financial Adviser at MLC Advice Rozelle weekly for tips on how to do more with your money.



Do you know how many super funds you have?

Like many Australian employees, you've probably accumulated a number of different super accounts from various employers over the years. Perhaps you even have super from past employers that you've forgotten about. Accumulating multiple super accounts is not likely the best strategy to achieve your long-term financial goals.

Superannuation is a major investment used to achieve your desired lifestyle in retirement. It contributes to a large component of your wealth so it's important to manage it accordingly.

Whether you have a central fund which you roll all your super into, or you use your new employer's fund and roll over existing super as you change jobs, it's a good idea to keep it all in one place. This allows you to manage the investment strategy of the account to match your risk profile and stage of life you're at.

Give me a call to find out how to consolidate your super on 9810 3331, email me on nick@mlcadvicecentre.com.au or drop in at Suite 2, 729 Darling Street, Rozelle NSW 2039.

This advice may not be suitable to you because it contains general advice that has not been tailored to your personal circumstances. Please seek personal financial and tax advice prior to acting on this information. Nick Nicolaou is an authorised representative of GWM Adviser Services Limited ABN 96 002 071 749 trading as MLC Advice, an Australian Financial Services & Credit Licensee, registered office at 105-153 Miller St North Sydney NSW 2060.